

Developmental Disabilities Associate Certification Practice Test Questions and Answers

1. What is the primary focus of person-centered planning in developmental disabilities services?

- A) Reducing program costs
- B) Empowering individuals to make choices about their own lives and services
- C) Meeting regulatory requirements only
- D) Minimizing staff responsibilities

2. Which approach is most effective when supporting individuals with developmental disabilities in community integration?

- A) Limiting community exposure to prevent overstimulation
- B) Providing individualized supports that promote independence and inclusion
- C) Making all decisions for the individual
- D) Focusing only on disability-specific services

3. What is the most important principle when communicating with individuals who have intellectual disabilities?

- A) Speaking loudly and slowly
- B) Using clear, respectful language appropriate to the individual's communication level
- C) Avoiding eye contact to reduce pressure
- D) Communicating only through family members

4. Which strategy best promotes self-advocacy skills in individuals with developmental disabilities?

- A) Making decisions for them to avoid mistakes
- B) Teaching them to express their needs, preferences, and rights
- C) Limiting their exposure to decision-making opportunities
- D) Speaking for them in all situations

Answers: 1-B 2-B 3-B 4-B

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