

Dental Braces Practice Test Questions and Answers

1. What is the primary purpose of dental braces?

- A) Whitening teeth
- B) Straightening teeth and correcting bite alignment
- C) Preventing cavities
- D) Replacing missing teeth

2. Which type of braces is most commonly used for orthodontic treatment?

- A) Wooden braces
- B) Metal braces with brackets and wires
- C) Plastic caps
- D) Rubber bands only

3. How often should patients with braces typically visit their orthodontist?

- A) Once a year
- B) Every 4-8 weeks
- C) Daily
- D) Only when problems occur

4. What is essential for maintaining oral hygiene with braces?

- A) Avoiding all dental care
- B) Special brushing techniques and flossing tools
- C) Only using mouthwash
- D) Eating only soft foods

Answers: 1-B 2-B 3-B 4-B

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