

DEXA Practice Test Questions and Answers

1. Where is spongy bone found?

- A) Shaft of long bones
- B) At the ends of long bones
- C) Outer surface of flat bones
- D) Within cartilage

2. What does a Z-score compare?

- A) Fat mass
- B) Bone density of age-matched peers
- C) Water weight
- D) Daily height changes

3. Why is follow-up recommended?

- A) Track weight loss
- B) Assess pain levels
- C) Monitor changes over time
- D) Compare technician skills

4. What does a T-score represent?

- A) Daily bone change
- B) Fat percentage
- C) Comparison to young adult average
- D) Calcium intake

Answers: 1-B 2-B 3-C 4-C

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