

Cupping Therapy Practice Test Questions and Answers

1. What is 'flash cupping'?

- A) Cupping done in rapid succession, applying and quickly removing cups repeatedly
- B) Using LED light-equipped cups
- C) Applying cups for only 30 seconds
- D) Cupping with flashing colored lights

2. Cupping therapy: what is it?

- A) A form of acupuncture
- B) A type of physical therapy for muscle pain
- C) An alternative therapy that involves suctioning the skin with cups
- D) A massage technique using essential oils

3. What is therapy using cuppings?

- A) A type of Acupuncture
- B) Type of massage
- C) A type of Physical therapy
- D) A type of chiropractic treatment

4. What type of vacuum is stimulating?

- A) Medium to deep
- B) Light moving cupping
- C) Light and medium
- D) Light superficial

Answers: 1-A 2-C 3-B 4-C

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