

Cupping Therapy MCQ Practice Test Questions and Answers

1. What is the primary principle behind cupping therapy?

- A) Electrical stimulation
- B) Creating suction to improve blood flow and reduce muscle tension
- C) Chemical treatment
- D) Sound wave therapy

2. Which type of cupping involves making small incisions before applying cups?

- A) Dry cupping
- B) Wet cupping (Hijama)
- C) Fire cupping
- D) Massage cupping

3. What is a common contraindication for cupping therapy?

- A) Mild headache
- B) Open wounds, skin infections, or bleeding disorders
- C) Normal blood pressure
- D) Regular exercise routine

4. How long are cupping marks typically visible after treatment?

- A) 30 minutes
- B) Several days to two weeks
- C) Several months
- D) Permanently

Answers: 1-B 2-B 3-B 4-B

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