

# Clinical Nutritionist CCN Practice Test Questions and Answers

## 1. What is a protein's purpose?

- A) Repairs old and worn out tissue
- B) Give energy
- C) Provide heat
- D) Vitalize the body

## 2. What are the effects of carbs?

- A) All of the above
- B) They give energy
- C) They give heat
- D) The repair worn out tissue

## 3. What causes a protein shortage?

- A) Lack of energy
- B) Rabbits
- C) Ricket
- D) Kwashiorkor

## 4. Who has expertise in diets and foods?

- A) None of the above
- B) Nutritionists
- C) All of the above
- D) Dieticians

**Answers: 1-A 2-B 3-D 4-D**

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