

Clinical Nurse Specialist Adult Practice Test Questions and Answers

1. Which assessment finding is most concerning in an adult patient with acute heart failure?

- A) Bilateral pedal edema
- B) Shortness of breath at rest
- C) Weight gain of 3 pounds in 24 hours
- D) Fatigue with activity

2. What is the priority intervention for an adult patient experiencing acute delirium?

- A) Administer sedating medications
- B) Ensure patient safety and identify underlying causes
- C) Apply physical restraints
- D) Isolate the patient in a quiet room

3. Which evidence-based intervention is most effective for preventing hospital-acquired pneumonia in adults?

- A) Daily chest physiotherapy
- B) Continuous oxygen therapy
- C) Head of bed elevation and oral care protocols
- D) Prophylactic antibiotic administration

4. In adult pain management, which principle is most important for opioid prescribing?

- A) Start with the highest effective dose
- B) Use multimodal approach and lowest effective dose
- C) Avoid non-pharmacological interventions
- D) Prescribe long-acting opioids as first-line therapy

Answers: 1-B 2-B 3-C 4-B

For More Clinical Nurse Specialist Adult Questions and Answers FREE, Clinical Nurse Specialist Adult Online Prep Training, Clinical Nurse Specialist Adult Exam, Clinical Nurse Specialist Adult Study Guide, Clinical Nurse Specialist Adult Flashcards, Clinical Nurse Specialist Adult Quizzes visit:

Clinical Nurse Specialist Adult Practice Test

Practice Test Geeks © All Rights Reserved