

Chronic Care Professional Certification Practice Test Questions and Answers

1. What is the primary goal of chronic care management?

- A) Cure all chronic conditions
- B) Improve quality of life and manage symptoms effectively
- C) Reduce healthcare costs only
- D) Minimize patient contact

2. Which approach is most effective for chronic disease self-management education?

- A) One-size-fits-all programs
- B) Patient-centered, individualized care plans
- C) Provider-directed only approaches
- D) Medication-focused interventions

3. What is a key component of effective care coordination for chronic conditions?

- A) Single provider management
- B) Communication between multidisciplinary team members
- C) Limiting patient involvement
- D) Focusing only on acute episodes

4. Which factor is most important when developing a chronic care plan?

- A) Provider preferences only
- B) Patient goals, values, and lifestyle considerations
- C) Insurance coverage limitations
- D) Standardized protocols without flexibility

Answers: 1-B 2-B 3-B 4-B

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