

Childbirth Educator Practice Test Questions and Answers

1. multigravida

- A) a woman who has been pregnant before
- B) What are the four stages of labor?
- C) what is considered a "term" baby?
- D) What is the bag of waters called?

2. early decelerations

- A) This is a test to see if membranes ruptured where amniotic fluid is spread on a microscope slide and viewed under the microscope to see if the crystals in the fluid look like tiny fern leaves
- B) How often are FHR and contractions monitored if using intermittent monitoring?
- C) Temporary, gradual rate decreases during contractions, where the FHR always returns to the baseline rate by the end of the contractions
- D) the positional changes that allow the fetus to fit through the pelvis with the least resistance.

3. What is uterine involution?

- A) The process of the uterus returning to its pre-pregnancy size after birth
- B) The placenta separating from the uterine wall
- C) The opening of the cervix during labor
- D) Uterine infection after delivery

4. Early labor symptoms include:

- A) Discomfort in the upper thighs
- B) Irregular menstrual cramps
- C) Dull backache
- D) All of these things

Answers: 1-A 2-C 3-A 4-D

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