

Certified Stroke Rehabilitation Specialist Practice Test Questions and Answers

1. What is the primary goal of acute stroke rehabilitation?

- A) Complete reversal of all stroke effects
- B) Maximizing functional independence and quality of life within patient capabilities
- C) Avoiding all physical activity
- D) Focusing only on cognitive rehabilitation

2. Which approach is most effective for motor recovery after stroke?

- A) Complete bed rest for several months
- B) Task-specific training and repetitive practice with progressive difficulty
- C) Avoiding use of the affected limbs
- D) One-time therapy sessions only

3. What is essential for effective aphasia treatment in stroke patients?

- A) Avoiding all communication attempts
- B) Individualized speech therapy with multiple communication modalities
- C) Speaking loudly to the patient
- D) Expecting immediate full recovery

4. Which factor is most critical for successful stroke rehabilitation outcomes?

- A) Patient age only
- B) Early initiation, multidisciplinary approach, and patient motivation
- C) Avoiding family involvement
- D) Using only one type of therapy

Answers: 1-B 2-B 3-B 4-B

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