

Certified Recreation Aide Practice Test Questions and Answers

1. What is the primary role of a recreation aide in activity planning?

- A) Design complex therapeutic interventions independently
- B) Assist recreation therapists in implementing planned activities
- C) Make medical diagnoses for participants
- D) Supervise other professional staff members

2. When working with elderly participants, which safety consideration is most important?

- A) Ensuring activities are physically challenging
- B) Monitoring for signs of fatigue and fall risks
- C) Limiting social interaction during activities
- D) Avoiding all physical activities

3. What should a recreation aide do if a participant becomes agitated during an activity?

- A) Continue the activity as planned
- B) Remove the participant from the group immediately
- C) Use de-escalation techniques and notify the supervising therapist
- D) End the activity for all participants

4. Which documentation practice is essential for recreation aides?

- A) Recording only positive participant outcomes
- B) Documenting participant attendance and observable behaviors accurately
- C) Writing detailed medical assessments
- D) Creating treatment plans for participants

Answers: 1-B 2-B 3-C 4-B

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