

Certified Psychiatric Rehabilitation Practitioner Practice Test Questions and Answers

1. What is the core philosophy of psychiatric rehabilitation?

- A) Focus only on symptom management
- B) Person-centered recovery, emphasizing strengths and community integration
- C) Institutionalization is the best approach
- D) Medication is the only effective treatment

2. Which approach is most effective in psychiatric rehabilitation practice?

- A) One-size-fits-all treatment plans
- B) Individualized, collaborative goal setting based on person's values and preferences
- C) Provider-directed treatment decisions
- D) Focus on deficits and limitations only

3. What role does hope play in psychiatric rehabilitation?

- A) Hope is irrelevant to treatment outcomes
- B) Hope is essential for recovery and must be fostered throughout the process
- C) Hope should be discouraged as unrealistic
- D) Hope is only important in the final stages of treatment

4. How should psychiatric rehabilitation practitioners address cultural factors?

- A) Ignore cultural differences entirely
- B) Integrate cultural awareness and sensitivity into all aspects of service delivery
- C) Use the same approach for all cultural backgrounds
- D) Only address culture if the person brings it up

Answers: 1-B 2-B 3-B 4-B

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