

Certified Orthotic Fitter Practice Test Questions and Answers

1. What is the primary purpose of a foot orthotic device?

- A) To increase shoe size
- B) To provide support, correction, and pain relief
- C) To improve shoe appearance
- D) To prevent shoe wear

2. Which condition is commonly treated with ankle-foot orthosis (AFO)?

- A) Plantar fasciitis
- B) Drop foot
- C) Bunions
- D) Ingrown toenails

3. What material is most commonly used for rigid foot orthotics?

- A) Foam
- B) Leather
- C) Polypropylene
- D) Cotton

4. When fitting orthotics, what is the most important measurement to obtain?

- A) Shoe size only
- B) Weight of the patient
- C) Accurate foot impression or scan
- D) Height of the patient

Answers: 1-B 2-B 3-C 4-C

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