

Certified Master Hypnotist Practice Test Questions and Answers

1. What is the primary goal of the pre-induction interview in hypnotherapy?

- A) To collect payment information
- B) To establish rapport, assess client goals, and determine hypnotizability
- C) To demonstrate hypnotic techniques
- D) To schedule future appointments

2. Which brainwave state is most commonly associated with hypnotic trance?

- A) Beta (14-30 Hz)
- B) Alpha (8-13 Hz)
- C) Gamma (30+ Hz)
- D) Delta (0.5-4 Hz)

3. What is the correct approach when a client does not respond to initial induction techniques?

- A) Force the induction to continue
- B) Immediately end the session
- C) Switch to alternative induction methods and adjust approach
- D) Tell the client they cannot be hypnotized

4. Which ethical principle is most important for practicing hypnotists?

- A) Maximizing profit from sessions
- B) Maintaining client confidentiality and obtaining informed consent
- C) Using the most dramatic techniques available
- D) Guaranteeing specific outcomes

Answers: 1-B 2-B 3-C 4-B

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