

# Certified Lactation Specialist Practice Test Questions and Answers

## 1. When should informed consent be obtained?

- A) After the session is complete
- B) Only if the client asks questions
- C) Before initiating any support or procedures
- D) Only during hospital-based care

## 2. Why is DHA important in an infant's diet?

- A) Boosts appetite
- B) Aids digestion
- C) Enhances vision and brain growth
- D) Reduces sleep disturbances

## 3. Which action could violate a client's legal rights?

- A) Asking for verbal consent
- B) Documenting care notes
- C) Sharing client info without consent
- D) Providing resources about feeding options

## 4. What is one benefit of community-based lactation care?

- A) Limited service hours
- B) Increased hospital readmissions
- C) Follow-up breastfeeding support at home
- D) Emphasis on billing education

**Answers: 1-C 2-C 3-C 4-C**

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