

Certified Industrial Ergonomic Evaluator Practice Test Questions and Answers

1. What is the primary goal of industrial ergonomics?

- A) To increase production speed only
- B) To design work environments that fit human capabilities and limitations
- C) To reduce equipment costs
- D) To eliminate all physical work tasks

2. Which type of injury is most commonly prevented through ergonomic interventions?

- A) Chemical burns
- B) Musculoskeletal disorders (MSDs)
- C) Electrical shocks
- D) Head injuries from falling objects

3. What is the recommended maximum weight for manual lifting in most ergonomic guidelines?

- A) 15 pounds
- B) 23 pounds (NIOSH lifting equation starting point)
- C) 50 pounds
- D) 75 pounds

4. Which factor is most important when evaluating computer workstation ergonomics?

- A) Monitor size only
- B) Neutral postures for wrists, neck, and back
- C) Keyboard color
- D) Office temperature

Answers: 1-B 2-B 3-B 4-B

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