

Certified Diabetes Educator Practice Test Questions and Answers

1. What is the target HbA1c level for most adults with diabetes?

- A) Less than 6%
- B) Less than 7%
- C) Less than 8%
- D) Less than 9%

2. Which of the following is a rapid-acting insulin?

- A) NPH insulin
- B) Regular insulin
- C) Insulin lispro
- D) Insulin glargine

3. What is the recommended frequency for foot examinations in patients with diabetes?

- A) Monthly
- B) Every 3 months
- C) Every 6 months
- D) Daily by patient, annually by healthcare provider

4. Which symptom is most commonly associated with hypoglycemia?

- A) Increased urination
- B) Excessive thirst
- C) Shakiness and sweating
- D) Blurred vision

Answers: 1-B 2-C 3-D 4-C

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