

# Certified Crisis Intervention Specialist Practice Test Questions and Answers

## 1. What is the primary goal of crisis intervention?

- A) To provide long-term therapy
- B) To stabilize the situation and restore functioning
- C) To assign blame for the crisis
- D) To eliminate all future problems

## 2. Which technique is most effective during the initial crisis contact?

- A) Giving detailed advice immediately
- B) Active listening and establishing rapport
- C) Arguing with the person's perspective
- D) Minimizing the person's concerns

## 3. When assessing suicide risk, which factor is most critical to evaluate?

- A) Person's age only
- B) Specific plan, means, and intent to harm oneself
- C) Educational background
- D) Employment status only

## 4. What is the appropriate response when a person is experiencing a panic attack?

- A) Tell them to calm down
- B) Use grounding techniques and provide reassurance
- C) Leave them alone to recover
- D) Ignore their symptoms

Answers: 1-B 2-B 3-B 4-B

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