

Certified Arise Interventionist Practice Test Questions and Answers

1. What is the primary goal of an intervention in addiction treatment?

- A) To punish the individual for their behavior
- B) To motivate the person to seek treatment and recovery
- C) To cut off all financial support
- D) To force immediate detoxification

2. What approach does the Arise method emphasize?

- A) Confrontational and aggressive tactics
- B) Gradual, family-focused engagement process
- C) Individual counseling only
- D) Legal enforcement measures

3. Who typically participates in an Arise intervention?

- A) Only immediate family members
- B) Family, friends, and loved ones in the person's network
- C) Professional counselors only
- D) Legal authorities

4. What is a key principle of the Arise intervention model?

- A) Using surprise and shock tactics
- B) Building motivation through love, respect, and persistence
- C) Threatening consequences immediately
- D) Isolating the person from their support system

Answers: 1-B 2-B 3-B 4-B

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