

Certified Addiction Specialist Practice Test Questions and Answers

1. What is the first stage of the Transtheoretical Model of behavior change?

- A) Preparation
- B) Precontemplation
- C) Action
- D) Maintenance

2. Which approach is central to Motivational Interviewing?

- A) Confronting denial aggressively
- B) Eliciting and strengthening motivation for change
- C) Providing advice immediately
- D) Focusing on past failures

3. What does SAMHSA stand for?

- A) Substance Abuse and Mental Health Services Administration
- B) State Addiction Management and Health Services Association
- C) Society for Addiction Medicine and Health Services Administration
- D) Social Addiction and Medical Health Services Authority

4. What is a key component of trauma-informed care in addiction treatment?

- A) Ignoring past traumatic experiences
- B) Recognizing and responding to the impact of trauma
- C) Using confrontational techniques
- D) Focusing only on substance use

Answers: 1-B 2-B 3-A 4-B

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