

# Certified Addiction Counselor Practice Test Questions and Answers

## 1. What is the primary goal of motivational interviewing in addiction counseling?

- A) To confront clients about their denial
- B) To enhance client motivation for change
- C) To provide medical treatment
- D) To enforce strict compliance

## 2. Which stage of change involves the client taking action to modify their behavior?

- A) Precontemplation
- B) Contemplation
- C) Action
- D) Maintenance

## 3. What does dual diagnosis refer to in addiction treatment?

- A) Two different addiction types
- B) Co-occurring mental health and substance use disorders
- C) Two different treatment methods
- D) Multiple substance dependencies

## 4. Which approach emphasizes the client's inherent capacity for growth and change?

- A) Confrontational therapy
- B) Cognitive-behavioral therapy
- C) Person-centered therapy
- D) Psychoanalytic therapy

Answers: 1-B 2-C 3-B 4-C

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