

Certified Acupuncturist Practice Test Questions and Answers

1. According to Traditional Chinese Medicine theory, what is Qi?

- A) A type of acupuncture needle
- B) The vital life energy that flows through meridians
- C) A specific acupuncture point
- D) A diagnostic technique

2. How many main meridians are there in the human body according to Traditional Chinese Medicine?

- A) 10
- B) 12
- C) 14
- D) 16

3. What is the proper needle insertion angle for most acupuncture points?

- A) 15-30 degrees
- B) 45-90 degrees
- C) 90-120 degrees
- D) Always perpendicular to skin

4. Which acupuncture point is commonly used for general tonification and immune system support?

- A) LI4 (Hegu)
- B) ST36 (Zusanli)
- C) GV20 (Baihui)
- D) LV3 (Taichong)

Answers: 1-B 2-B 3-B 4-B

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