

# Certified Activity Director Practice Test Questions and Answers

**1. What is the primary goal of activity programming in long-term care facilities?**

- A) Entertainment only
- B) Enhancing quality of life and maintaining functional abilities
- C) Keeping residents busy
- D) Reducing staffing costs

**2. Which assessment tool is commonly used to evaluate residents' activity interests?**

- A) MDS (Minimum Data Set)
- B) Activity Interest Survey
- C) Medical history review
- D) Dietary assessment

**3. What does "person-centered care" mean in activity programming?**

- A) One-size-fits-all activities
- B) Tailoring activities to individual preferences and abilities
- C) Group activities only
- D) Staff-directed programming

**4. Which documentation is required for activity programs in nursing homes?**

- A) Financial records only
- B) Activity assessments, care plans, and progress notes
- C) Staff schedules only
- D) Inventory lists

Answers: 1-B 2-B 3-B 4-B

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