

Canadian Certified Counsellor Practice Test Questions and Answers

1. What is the primary regulatory body for counsellors in Canada?

- A) Canadian Psychological Association
- B) Canadian Counselling and Psychotherapy Association (CCPA)
- C) Health Canada
- D) Provincial Health Authorities

2. Which therapeutic approach emphasizes the client's inherent capacity for growth and self-actualization?

- A) Cognitive Behavioral Therapy
- B) Psychoanalytic Therapy
- C) Person-Centered Therapy
- D) Behavioral Therapy

3. What is the minimum educational requirement to become a Canadian Certified Counsellor (CCC)?

- A) Bachelor's degree
- B) Master's degree in counselling or related field
- C) Doctoral degree
- D) Certificate program only

4. According to CCPA ethical guidelines, when must a counsellor break confidentiality?

- A) Never, under any circumstances
- B) When there is imminent danger to self or others
- C) When requested by family members
- D) When the client seems upset

Answers: 1-B 2-C 3-B 4-B

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