

CTPRP Practice Test Questions and Answers

1. What does CTPRP certification primarily focus on?

- A) Medical device manufacturing
- B) Certified Therapeutic Recreation Practice and programming
- C) Computer technology and programming
- D) Clinical trial research protocols

2. Which population is most commonly served by certified therapeutic recreation professionals?

- A) Healthy individuals seeking fitness training
- B) Individuals with disabilities, illnesses, or other limiting conditions
- C) Professional athletes
- D) Corporate executives

3. What is the primary goal of therapeutic recreation services?

- A) Entertainment and fun activities only
- B) Improve or maintain physical, cognitive, social, and emotional functioning
- C) Competitive sports training
- D) Profit generation for healthcare facilities

4. Which assessment approach is essential in therapeutic recreation practice?

- A) One-size-fits-all programming
- B) Individualized assessment and treatment planning
- C) Group-only activities
- D) Medical diagnosis-based programming only

Answers: 1-B 2-B 3-B 4-B

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