

# CSAM Practice Test Questions and Answers

## 1. What is informed consent?

- A) Forcing clients to comply.
- B) Ensuring clients understand and agree
- C) Withholding treatment information.
- D) Ignoring client preferences.

## 2. What is the catharsis hypothesis?

- A) Repressing anger.
- B) Releasing anger to reduce tension
- C) Avoiding conflict.
- D) Suppressing feelings.

## 3. What is motivational interviewing?

- A) A confrontational technique.
- B) An approach to motivate change
- C) A relaxation method.
- D) A medication strategy.

## 4. Why is cultural competence important?

- A) To stereotype clients.
- B) To respect and adapt to diversity
- C) To ignore cultural differences.
- D) To treat all clients the same.

**Answers: 1-B 2-B 3-B 4-B**

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