

COF Practice Test Questions and Answers

1. Which bone is part of the upper limb?

- A) Femur
- B) Humerus
- C) Tibia
- D) Fibula

2. What is one goal of orthotic fitting?

- A) Restrict circulation
- B) Eliminate all motion
- C) Improve function and support
- D) Increase patient workload

3. What is the primary role of ligaments?

- A) Attach muscles to bones
- B) Store calcium
- C) Connect bones to bones
- D) Carry oxygen

4. What is the function of synovial fluid?

- A) Transmit nerve impulses
- B) Lubricate joints
- C) Build muscle fibers
- D) Supply nutrients to bones

Answers: 1-B 2-C 3-C 4-B

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