

# CNS Practice Test Questions and Answers

## 1. Which of these vitamins contains cobalt?

- A) Folate
- B) Vitamin B12
- C) Vitamin B6
- D) Vitamin C

## 2. Most of the body's magnesium is found in:

- A) muscle
- B) liver
- C) bones
- D) blood

## 3. The main function of vitamin C in the body is:

- A) acting as a coenzyme for energy metabolism reactions
- B) involvement as an antioxidant
- C) regulation of lipid synthesis
- D) inhibition of cell growth

## 4. Hyponatremia stimulates the release of \_\_\_\_\_.

- A) parathyroid hormone
- B) aldosterone
- C) growth hormone
- D) insulin

**Answers: 1-B 2-C 3-B 4-B**

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