

CLS - Clinical Lipid Specialist Certification Practice Test Questions and Answers

1. What are HDL and LDL?

- A) Hormones
- B) Lipid enzymes
- C) Cholesterol-carrying lipoproteins
- D) Immune proteins

2. What are chylomicrons?

- A) Hormone molecules
- B) Digestive enzymes
- C) Lipid-transport particles
- D) Calcium regulators

3. What happens during beta-oxidation?

- A) Protein synthesis
- B) Cholesterol absorption
- C) Fatty acid breakdown for energy
- D) Bile salt production

4. How does niacin affect lipid levels?

- A) Raises LDL
- B) Lowers HDL
- C) Increases HDL
- D) Raises blood pressure

Answers: 1-C 2-C 3-C 4-C

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