

CLE Practice Test Questions and Answers

1. What is colostrum?

- A) Watered-down breast milk
- B) Formula supplement
- C) First thick, yellowish milk rich in antibodies
- D) Milk produced after 1 month

2. How does rooming-in support breastfeeding?

- A) It ensures uninterrupted sleep
- B) It reduces breastfeeding frequency
- C) It separates mother and baby during recovery
- D) It promotes feeding on demand

3. What gland secretes oxytocin during lactation?

- A) Thyroid gland
- B) Adrenal gland
- C) Posterior pituitary
- D) Anterior pituitary

4. How can a lactation educator demonstrate empathy?

- A) Offering strict advice
- B) Ignoring emotional cues
- C) Saying 'I understand this is difficult for you'
- D) Correcting mistakes immediately

Answers: 1-C 2-D 3-C 4-C

For More CLE Questions and Answers FREE, CLE Online Prep Training,
CLE Exam, CLE Study Guide, CLE Flashcards, CLE Quizzes visit:

CLE Practice Test