

# CIH Practice Test Questions and Answers

## 1. What is the primary goal of industrial hygiene?

- A) To increase productivity only
- B) To anticipate, recognize, evaluate, and control workplace health hazards
- C) To reduce operating costs
- D) To comply with insurance requirements

## 2. Which exposure assessment method involves measuring contaminants in the worker's breathing zone?

- A) Area sampling
- B) Personal sampling
- C) Source sampling
- D) Background sampling

## 3. What does TLV stand for in occupational health?

- A) Total Lung Volume
- B) Threshold Limit Value
- C) Time Limit Variance
- D) Toxic Level Verification

## 4. Which type of respirator provides the highest level of protection?

- A) N95 filtering facepiece
- B) Half-face air-purifying respirator
- C) Full-face air-purifying respirator
- D) Supplied-air respirator with pressure-demand mode

Answers: 1-B 2-B 3-B 4-D

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