

CIEE Practice Test Questions and Answers

1. What is ergonomics?

- A) Adapting to the environment
- B) Designing the workplace to fit the worker
- C) Improving product design
- D) Increasing work speed

2. What does OSHA stand for?

- A) Occupational Safety and Health Administration
- B) Office of Safety and Hazard Administration
- C) Occupational Services and Hazard Association
- D) Office of Safe Handling Agents

3. Why is ergonomic evaluation important?

- A) Increase productivity
- B) Identify and reduce risks
- C) Increase stress
- D) Limit breaks

4. What is repetitive strain injury (RSI)?

- A) Injury from a single event
- B) Injury from repeated motions
- C) Muscle atrophy
- D) Bone fractures

Answers: 1-B 2-A 3-B 4-B

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