

# CHT Practice Test Questions and Answers

**1. What does CHT certification stand for in hand therapy?**

- A) Certified Hand Technician
- B) Certified Hand Therapist
- C) Clinical Hand Trainer
- D) Certified Health Therapist

**2. Which muscle is primarily responsible for thumb opposition?**

- A) Flexor pollicis longus
- B) Abductor pollicis brevis
- C) Opponens pollicis
- D) Extensor pollicis longus

**3. What is the normal range of motion for metacarpophalangeal joint flexion?**

- A) 0-45 degrees
- B) 0-60 degrees
- C) 0-90 degrees
- D) 0-120 degrees

**4. Which nerve is most commonly affected in carpal tunnel syndrome?**

- A) Radial nerve
- B) Ulnar nerve
- C) Median nerve
- D) Posterior interosseous nerve

Answers: 1-B 2-C 3-C 4-C

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