

# CHPNA Practice Test Questions and Answers

## 1. What is a healthcare proxy?

- A) A physician who manages hospice care
- B) A person designated to make healthcare decisions if the patient is unable to do so
- C) A type of insurance plan
- D) A document listing all medications

## 2. What is 'complicated grief'?

- A) Grief that lasts less than two weeks
- B) Prolonged, intense grief that impairs functioning and does not follow a normal healing trajectory
- C) Grief experienced by children only
- D) Grief that requires surgical treatment

## 3. What is 'palliative sedation'?

- A) Sedation to hasten death
- B) The use of sedative medications to reduce intractable suffering in terminally ill patients near death
- C) Routine sedation for all hospice patients
- D) Sedation used only during procedures

## 4. Palliative care can be provided:

- A) Only at the end of life
- B) Only in hospitals
- C) Alongside curative treatment at any stage of serious illness
- D) Only after all curative options have been exhausted

**Answers: 1-B 2-B 3-B 4-C**

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