

CDM Practice Test Questions and Answers

1. A food item's yield percentage is the:

- A) final product after preparation completed.
- B) raw weight without any type of preproduction.
- C) weight of the edible portion divided by the as-purchased weight.
- D) number by which ingredients are adjusted to produce a new yield.

2. What does BMI (Body Mass Index) measure?

- A) Body fat percentage directly
- B) Weight relative to height
- C) Metabolic rate
- D) Caloric intake adequacy

3. What does employee turnover rate measure?

- A) The speed at which employees complete tasks
- B) The percentage of employees who leave during a specified period
- C) The number of overtime hours worked
- D) Employee satisfaction scores

4. The phrase "first-in, first-out" (FIFO) means

- A) product storage.
- B) employee schedules.
- C) sanitation steps.
- D) regulatory compliance.

Answers: 1-C 2-B 3-B 4-A

For More CDM Questions and Answers FREE, CDM Online Prep Training,
CDM Exam, CDM Study Guide, CDM Flashcards, CDM Quizzes visit:

CDM Practice Test