

CDCES Practice Test Questions and Answers

1. What does CDCES stand for in diabetes education?

- A) Certified Diabetes Care and Education Specialist
- B) Clinical Diabetes Care Educator Specialist
- C) Certified Diabetes Clinical Education Supervisor
- D) Community Diabetes Care and Education Specialist

2. What is the target HbA1c level for most adults with diabetes?

- A) Less than 6%
- B) Less than 7%
- C) Less than 8%
- D) Less than 9%

3. Which type of insulin has the fastest onset of action?

- A) Long-acting insulin
- B) Intermediate-acting insulin
- C) Rapid-acting insulin
- D) Ultra-long-acting insulin

4. What is the recommended frequency for diabetes self-monitoring education reinforcement?

- A) Every 5 years
- B) Annually or when indicated
- C) Only at diagnosis
- D) Every 10 years

Answers: 1-A 2-B 3-C 4-B

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