

# CDCA Practice Test Questions and Answers

## 1. What is an open group?

- A) Members must apply yearly
- B) Fixed group with no changes
- C) New members can join anytime
- D) Only open for staff

## 2. What is group cohesion?

- A) Group separation
- B) Lack of communication
- C) Mutual trust and bonding
- D) Competition between members

## 3. What is a dual diagnosis?

- A) Only substance use disorder
- B) Physical disability
- C) Mental illness alone
- D) Mental health and substance use disorder together

## 4. What is the DSM-5 used for?

- A) A billing guide
- B) A therapy workbook
- C) A manual for diagnosis
- D) A treatment plan

**Answers: 1-C 2-C 3-D 4-C**

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