

CDASA Practice Test Questions and Answers

1. What does CDASA typically stand for in substance abuse counseling?

- A) Certified Drug and Alcohol Substance Abuse counselor
- B) Community Drug and Alcohol Services Association
- C) Chemical Dependency and Substance Abuse specialist
- D) Clinical Diagnosis and Substance Abuse treatment

2. What is the primary goal of substance abuse counseling?

- A) To punish individuals for substance use
- B) To help individuals achieve and maintain recovery
- C) To eliminate all substances from society
- D) To increase treatment costs

3. Which approach is fundamental to effective substance abuse treatment?

- A) One-size-fits-all treatment
- B) Individualized, evidence-based treatment plans
- C) Punishment-based interventions
- D) Immediate family involvement only

4. What role does confidentiality play in substance abuse counseling?

- A) It is not important
- B) It is essential for building trust and effective treatment
- C) It only applies to certain clients
- D) It can be ignored in emergencies

Answers: 1-A 2-B 3-B 4-B

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