

CBS Practice Test Questions and Answers

1. How often should a newborn be breastfed?

- A) 3-4 times per day
- B) 8-12 times per day
- C) Once every 6 hours
- D) Only when the baby cries

2. What is colostrum, and why is it important?

- A) A type of infant formula
- B) The first milk rich in antibodies
- C) A synthetic milk substitute
- D) A growth hormone supplement

3. How does breastfeeding benefit infant digestion?

- A) Increases risk of digestive problems
- B) Provides easily digestible nutrients
- C) Delays gut flora development
- D) Causes more reflux in infants

4. What triggers the let-down reflex in breastfeeding?

- A) Progesterone
- B) Oxytocin
- C) Prolactin
- D) Testosterone

Answers: 1-B 2-B 3-B 4-B

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