

CASAC Practice Test Questions and Answers

1. What does CASAC stand for?

- A) Certified Addiction Specialist Assessment Counselor
- B) Credentialed Alcoholism and Substance Abuse Counselor
- C) Certified Addiction Services Advisory Committee
- D) Community Addiction Support and Care

2. Which theoretical approach is commonly used in substance abuse counseling?

- A) Cognitive Behavioral Therapy (CBT)
- B) Psychoanalytic therapy only
- C) Medication therapy only
- D) Physical therapy

3. What is the first stage in the Stages of Change model?

- A) Action
- B) Contemplation
- C) Precontemplation
- D) Maintenance

4. Which is a key principle of motivational interviewing?

- A) Confronting denial aggressively
- B) Expressing empathy and rolling with resistance
- C) Giving direct advice immediately
- D) Focusing only on consequences

Answers: 1-B 2-A 3-C 4-B

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