

CAD - Certified Activity Director Practice Test Questions and Answers

1. Reminiscence therapy is most effective for:

- A) Resolving acute medical crises
- B) Enhancing self-esteem, social connection, and cognitive engagement through reflection on past experiences
- C) Improving physical strength and balance
- D) Teaching new skills to cognitively intact residents

2. Which of the following is a passive activity?

- A) Painting a canvas
- B) Listening to a live music performance
- C) Playing a word game
- D) Participating in a cooking class

3. A resident's activity plan should be updated:

- A) Only when the resident is discharged
- B) At least quarterly or whenever there is a significant change in condition
- C) Once per year at the annual care conference
- D) Only when the resident requests a change

4. Activity staff scheduling should account for:

- A) Only daytime hours when administration is present
- B) Resident activity needs across all shifts, including evenings and weekends
- C) Only the preferences of individual staff members
- D) The fewest possible staff hours to reduce labor costs

Answers: 1-B 2-B 3-B 4-B

For More CAD - Certified Activity Director Questions and Answers FREE, CAD - Certified Activity Director Online Prep Training, CAD - Certified Activity Director Exam, CAD - Certified Activity Director Study Guide, CAD - Certified Activity Director Flashcards, CAD - Certified Activity Director Quizzes visit:

CAD - Certified Activity Director Practice Test