

# Body Language Practice Test Questions and Answers

**1. What does crossed arms typically indicate in body language?**

- A) Openness and receptivity
- B) Defensiveness or closed-off attitude
- C) Excitement and enthusiasm
- D) Confusion or uncertainty

**2. Which eye behavior is commonly associated with deception?**

- A) Maintaining direct eye contact
- B) Looking up and to the right frequently
- C) Blinking at a normal rate
- D) Squinting slightly

**3. What does mirroring someone's posture typically indicate?**

- A) Disagreement
- B) Boredom
- C) Rapport and connection
- D) Nervousness

**4. Which hand gesture is considered universally positive?**

- A) Pointing with index finger
- B) Clenched fists
- C) Open palms facing up
- D) Hands behind back

Answers: 1-B 2-B 3-C 4-C

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