

Board Certified Gerontology Practice Test Questions and Answers

1. What is the primary focus of gerontological practice?

- A) Pediatric care and development
- B) Care and treatment of older adults and aging-related issues
- C) Mental health counseling for all ages
- D) Community health promotion

2. Which theory of aging suggests that successful aging involves remaining active and engaged?

- A) Disengagement theory
- B) Activity theory
- C) Continuity theory
- D) Social exchange theory

3. What is the most common form of dementia in older adults?

- A) Vascular dementia
- B) Lewy body dementia
- C) Alzheimer's disease
- D) Frontotemporal dementia

4. Which assessment tool is commonly used to evaluate cognitive function in older adults?

- A) Beck Depression Inventory
- B) Mini-Mental State Examination (MMSE)
- C) Activities of Daily Living Scale
- D) Geriatric Depression Scale

Answers: 1-B 2-B 3-C 4-B

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