

# BHP Practice Test Questions and Answers

## 1. What is document version control in BHP?

- A) Tracking changes, identifying current versions, and maintaining history
- B) Printing every draft
- C) Same names for all files
- D) No change tracking

## 2. A BHP who holds an implicit bias should:

- A) Ignore it, as it does not affect professional practice
- B) Actively engage in self-reflection and continuing education to mitigate its impact
- C) Only work with clients from their own cultural group
- D) Disclose the bias to every client at the start of services

## 3. What does family therapy aim to address?

- A) Improving the individual's personal coping skills.
- B) Changing maladaptive family dynamics.
- C) Addressing biological issues in the family.
- D) Helping families focus on future goals.

## 4. Acculturation stress is best described as:

- A) Stress caused by medication side effects
- B) Psychological distress resulting from the process of adapting to a new culture
- C) Anxiety related to beginning therapy
- D) Stress from learning a new language at school

**Answers: 1-A 2-B 3-B 4-B**

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