

Adult Gerontology Primary Care Nurse Practitioner Practice Test Questions and Answers

1. What is the most appropriate first-line treatment for hypertension in an elderly patient with diabetes?

- A) Beta-blockers
- B) ACE inhibitors or ARBs
- C) Calcium channel blockers
- D) Diuretics only

2. Which assessment tool is most appropriate for evaluating cognitive function in older adults?

- A) Beck Depression Inventory
- B) Mini-Mental State Examination (MMSE)
- C) Glasgow Coma Scale
- D) Functional Independence Measure

3. In managing osteoporosis in postmenopausal women, what is the recommended daily calcium intake?

- A) 800 mg
- B) 1000 mg
- C) 1200 mg
- D) 1500 mg

4. Which medication requires dose adjustment in elderly patients due to age-related changes in kidney function?

- A) Acetaminophen
- B) Digoxin
- C) Omeprazole
- D) Simvastatin

Answers: 1-B 2-B 3-C 4-B

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