

Adaptive Physical Education Certification Practice Test Questions and Answers

1. What is the primary goal of adaptive physical education?

- A) To separate students with disabilities from their peers
- B) To provide modified physical education to meet individual needs
- C) To eliminate physical activity for students with disabilities
- D) To focus only on competitive sports

2. Which legislation requires schools to provide appropriate physical education for students with disabilities?

- A) Section 504
- B) IDEA (Individuals with Disabilities Education Act)
- C) ADA (Americans with Disabilities Act)
- D) All of the above

3. What does LRE stand for in adaptive physical education?

- A) Limited Resource Environment
- B) Least Restrictive Environment
- C) Learning Resource Enhancement
- D) Long-term Rehabilitation Exercise

4. Which assessment is most important in adaptive physical education planning?

- A) Academic achievement tests only
- B) Comprehensive motor skill and fitness assessments
- C) IQ testing
- D) Standardized physical education tests without modifications

Answers: 1-B 2-D 3-B 4-B

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