

# ART Practice Test Questions and Answers

**1. How many muscles make up the rotator cuff?**

- A) 2
- B) 3
- C) 4
- D) 5

**2. What does the 'A' in a SOAP note represent?**

- A) Application
- B) Assessment
- C) Analysis
- D) Action

**3. What is the primary goal of manual therapy?**

- A) Improve mobility and reduce pain
- B) Strengthen bone density
- C) Increase cardiovascular endurance
- D) Enhance respiratory function

**4. What does the 'S' in a SOAP note stand for?**

- A) Summary
- B) Subjective
- C) Systematic
- D) Specific

**Answers: 1-C 2-B 3-A 4-B**

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