

# AK Practice Test Questions and Answers

## 1. What is the primary focus of biomechanics?

- A) Analyzing emotional responses.
- B) Studying internal medicine.
- C) Understanding mechanical movement of the body.
- D) Tracking caloric intake.

## 2. In AK, the nutrient challenge test involves:

- A) Placing or tasting a substance and observing whether it strengthens or weakens a previously inhibited muscle
- B) Measuring blood glucose before and after nutrient ingestion
- C) Applying a supplement topically and testing skin reaction
- D) Injecting a nutrient intramuscularly and evaluating pain response

## 3. In AK, the concept of 'ocular lock' describes:

- A) How eye position can facilitate or inhibit specific muscle groups during testing
- B) Fixing the patient's gaze to prevent cervical rotation during assessment
- C) An ocular reflex that locks the jaw during muscle contraction
- D) A method of tracking eye movement to assess vestibular function

## 4. What is the purpose of a treatment plan review?

- A) To evaluate progress and adjust interventions as needed
- B) To satisfy regulatory audit requirements only
- C) To justify billing codes
- D) To reduce the number of sessions

**Answers: 1-C 2-A 3-A 4-A**

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