

# AFTR Practice Test Questions and Answers

## 1. What does AFTR typically stand for in professional certification?

- A) Association for Family Therapy and Research
- B) Advanced Financial Technology Resources
- C) Automated Flight Training Regulations
- D) American Federation of Technical Representatives

## 2. What is a key component of family therapy practice?

- A) Systems thinking and understanding family dynamics
- B) Individual therapy exclusively
- C) Medication management only
- D) Crisis intervention exclusively

## 3. Which approach is commonly used in family therapy?

- A) Structural, strategic, and solution-focused therapies
- B) Pharmaceutical interventions only
- C) Individual psychoanalysis
- D) Group fitness activities

## 4. What is an important ethical consideration in family therapy?

- A) Maintaining confidentiality while managing multiple client relationships
- B) Treating only one family member
- C) Sharing information freely between family members
- D) Avoiding documentation of sessions

Answers: 1-A 2-A 3-A 4-A

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