

AAT - Certified Animal-Assisted Therapy Practice Test Questions and Answers

1. How can client feedback improve therapy outcomes?

- A) It helps adjust the client's goals during therapy.
- B) It delays therapy progress.
- C) It reduces the time spent with the animal.
- D) It discourages the client from interacting.

2. When is AAT contraindicated for a potential client?

- A) When the client has never interacted with animals before
- B) When the client has a documented severe animal allergy, phobia, or history of animal abuse that has not been clinically addressed
- C) When the client is over 65 years old
- D) When the client is receiving other forms of therapy simultaneously

3. What is the purpose of a logic model in an AAT program?

- A) To outline the feeding schedule for therapy animals
- B) To visually map inputs, activities, outputs, and expected outcomes to guide program planning and evaluation
- C) To document handler certification levels
- D) To create marketing materials for the program

4. What does fidelity monitoring in an AAT program assess?

- A) Whether handlers are being financially compensated fairly
- B) Whether the AAT intervention is being delivered as designed and according to established protocols
- C) The loyalty of therapy animals to their handlers
- D) The frequency of veterinary visits

Answers: 1-A 2-B 3-B 4-B

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